

## Information

### Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

### Exercise Equipment

Exercise Equipment is available for use/sign out in the **Lifestyle Office**. Please see Amber if you are interested in taking advantage of the equipment.

### Trust Accounts

Trust Accounts are out of **Theresa's Office** on the 1st floor. Hours are **Tuesdays from 10:30am to 1:30pm** and **Thursdays from 1:30pm to 2:30pm**.

### "Hair by the Bay" Salon Hours

**Tuesdays** 2:00pm until last appointment  
**Wednesdays** 9:30am to 5:30pm  
**Thursdays** 1:00pm until last appointment  
**Saturdays** 9:00 to 1:00pm (by appointment only)

### Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings, services and special activities to sign up for!

### Barrie Public Library Books

Large Print Barrie Public Library Books and DVD's are always available in the **Lifestyle Office**. Please ensure to sign out any items borrowed.

### Visitors

We kindly ask **ALL** Visitors to **sign in** at the front desk upon arrival and **sign out** when leaving. Don't forget to sanitize your hands! Thank you!

### Simcoe Terrace Library

Please feel free to enjoy the extensive collection of books in our North Lounge Library. All books are filed by Author and maintained by Resident Council.

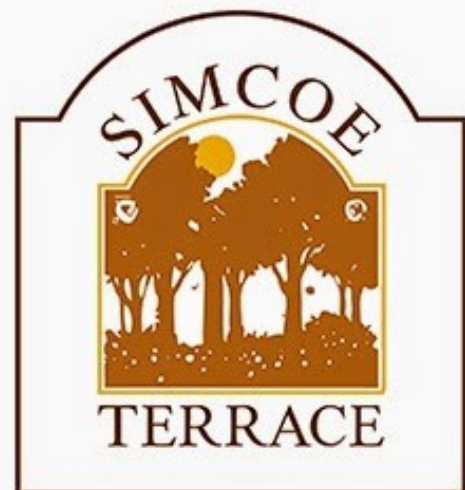
## Management Staff Listing

Michael Ayers, General Manager - [michael@simcoeterrace.com](mailto:michael@simcoeterrace.com)

Theresa Stackhouse, Office Manager - [theresa@simcoeterrace.com](mailto:theresa@simcoeterrace.com)

Amanda Daley, RPN, Director of Wellness - [amanda@simcoeterrace.com](mailto:amanda@simcoeterrace.com)

Amber Head, Food & Beverage Manager/Activity Director - [amber@simcoeterrace.com](mailto:amber@simcoeterrace.com)



*Simcoe Terrace*  
*Retirement Residence*

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## Simcoe Terrace Retirement Residence

May 2019 Issue



# The Terrace Tribune

*Happy Mother's Day!*

## Message from the GM

May has arrived and we have, hopefully, had our last snowfall of the year. This has been quite a Spring weather wise as it does appear that weather patterns are changing, and not for the better. You will notice some new staff members joining our team. We typically bring new staff on board at this time of year to help full vacancies created by summer vacation. We hope these new team members will stay with us after the summer. Thank you for welcoming our new staff. New menus start on May 1st. We change our menus to coincide with the season. But this year we are also guided by Canada's New Food Guide. More fresh food, more vegetables and salads and less processed foods.

We always welcome your input.

Michael Ayers  
General Manager

## Athletes of the Month

Shuffleboard Table #1: Joan J. 5528  
Shuffleboard Table #2: N/A  
Darts: Leonie 112 pts  
Ladder Ball: Red Team (most wins!)  
Bean Bag Toss: Falk s with 329 pts  
Washer Toss: Arthur C. with 350pts  
Floor Curling: Red Team (most wins!)  
Bocce Ball: Falk and Jennifer tie  
Croquet: Falk S (most wins!)  
Bowling: Evelyn F. 65 pts  
Ring Toss: Diane C. 175pts

## Update from Theresa

Though it is hard to believe but the warm weather is arriving soon:

You can have a window air conditioner installed in your room at a cost of \$35 which includes removal in the fall. If a friend or family member wish to install the air conditioner for you the \$35 fee would be waived. There is a one time seasonal charge for hydro of \$70 which will be added to your monthly invoice. The air conditioner has to be purchased by you as we do not have any that we loan out and the unit size of 5,000-6,000 BTU would be sufficient. Please ensure to sign a waiver at the front desk that your air conditioner is in good working condition, regardless of who installs your system.

## Mental Gymnastics

Bingo: N/A  
Yahtzee: Fred M. 271  
Pictionary/Charades: N/A  
Scrabble: Falk 159pts

## Welcome to ST!

We have had many new faces arriving at Simcoe Terrace in the past few weeks and more will be arriving in the next while.

We welcome all to ST and greet them with your biggest smile when you see them!

## Highlights of the Month!

### Meeting Schedule:

**Resident General Meeting:** Tuesday, May 7th at 1:30pm (AR)

**Menu Chat:** Friday, April 24th at 3:15pm (SR)

**Programs Chat:** Wednesday, May 1st at 3:15pm (SR)

### Outings

**Cineplex Movie Outing!!**

Date and Time will be announced. We will be watching the new live action remake of the Disney classic: "Dumbo"

**Georgian Downs Casino and Slots**

Friday, May 30th at 10:30am

### Special Events!

**May 5th—Cinco De Mayo Mask Making**

**May 9th—Toothpicks Dental**

**May 12th—Mother's Day!**

**Monday, May 20th—VICTORIA DAY HOLIDAY**

**May 28th—Lunch Club from The Dragon Restaurant—Sign up at the front desk**

**May 27th—May Babies Birthday Party with Rick Groves—Cake and Ice Cream will be served.**

Upcoming in June....Seniors Month, Canada Day Celebration, Volunteer Appreciation